Integrity is not a conditional word. It doesn't blow in the wind or change with the weather. It is your inner image of yourself, and if you look in there and see a man who won't cheat, then you know he never will. Integrity is not a search for the rewards of integrity. Maybe all you ever get for it is the largest kick in the ass the world can provide. It is not supposed to be a productive asset.

The Right Honourable.
Sir John A. Macdonald.
(1815-1891),
Leader in the discussions that led to the British North America Act and the establishment of Canada as a nation in 1867.
First prime minister of Canada, serving from 1867 to 1873 and from 1878 until his death in 1891.

MERIT EXCELLENCE INTELLIGENCE

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HUMAN VALUES

An excerpt from the book MERIT, EXCELLENCE, INTELLIGENCE, offering Questions, Reflections, and Answers to assist readers in shifting their focus from Diversity, Equity, and Inclusion (DEI) to an emphasis on Merit, Excellence, and Intelligence (MEI).

Values serve as the foundational principles that shape our lives and guide our choices, ensuring they align with our sense of what is right and meaningful. Human values are universally significant qualities that matter deeply to each person and should play a crucial role in defining your (MEI) journey.

Human values are fundamental principles that guide the behavior and decisions of individuals. Although they vary by culture and individual, certain values such as respect for others, honesty, compassion, responsibility, fairness, and the defense of rights are universally recognized. They protect the ability to make choices and live without oppression and encourage solidarity in the face of adversity.

These values serve as a guide for building positive relationships and a harmonious society. Each person can interpret and apply these values uniquely, enriching diversity and the human experience.

Furthermore, mastering the art of respectful communication is crucial. Knowing how to avoid offensive remarks can greatly improve interpersonal relationships, whether in a professional or personal setting.

Simple actions like listening attentively without interrupting, understanding the emotions and viewpoints of the interlocutor, and formulating respectful responses, can make a big difference.

Adopting a calm and kind tone, focusing on facts and behaviors rather than the person themselves, and reflecting on one's own biases and prejudices are also important.

Surround yourself with good people. The influences of family, friends, colleagues, or public figures can have a significant impact on our way of thinking and acting. Questioning these influences helps to better understand our motivations and decisions.

Lastly, family values play a crucial role in shaping character and attitudes. They provide a solid foundation for harmonious relationships within the family and society in general.

Human values also encompass culture, history, and national consciousness. These three elements are closely linked and essential to the collective identity of a people.

Culture, with its traditions, arts, beliefs, and behaviors, manifests in language, cuisine, music, and festivities.

History tells the story of a nation's past, its battles, heroes, and triumphs, forming the collective memory.

National consciousness, on the other hand, is the sense of belonging to a nation, reinforced by education, commemorations, and national symbols like the flag and the anthem.

Thus, culture nourishes history, which strengthens national consciousness, together forming a national identity.

In the HUMAN VALUES chapter, you will gain a deeper understanding of human values, enabling the practical application of moral principles like justice and nonviolence, fostering a harmonious coexistence.

- Difference between values
- What is the difference between human values, ethical values and moral values?
- The most important human values
- Clarify your personal values
- What are fundamental personal values?
- How are personal values formed?
- What is a personal value system?
- Why are core personal values important?

- Are personal values permanent?
- What are your personal values?
- Stand in defense of others
- Why defend others?
- Not to be offensive
- Surround yourself with the right people
- What should be considered when setting boundaries?
- Why do you attract wickedness?
- How to stop attracting malicious people?
- Family values
- How to establish a family unit?
- Have confidence
- Define your culture
- Know history
- Having a national consciousness

Human and ethical values represent universal principles that foster social inclusion and the integration of all individuals. In contrast, moral, religious, or state values are often unique to specific groups and may even stand in opposition to other groups.

The overarching aim is to cultivate positive, tangible practices in attitudes, behaviors, and actions—both among all human beings and toward all living beings—as a vital step in achieving your (MEI) strategy.

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In addition to his work as an author, Germain Decelles serves as a Change Management Strategist. With over 40 years of business and consultancy

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Other publications by Germain Decelles include:

- ISO Pour Tous
- Le manuel d'information ISO
- Le guide de préparation ISO
- La gestion du changement en affaires
- La gestion de projet d'affaires
- Le changement POUR TOUS
- Change your future, now!
- My success is your success.
- Mon succès est votre succès.

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